



# UNIVERSITY OF SASKATCHEWAN



## Orientation Information for the First Annual Workshop on Dynamic Modelling for Health Policy: Obesity & Obesity Related Chronic Disease

**July 22-24, 2009**

<http://www.healthpolicymodellingworkshop.ca>

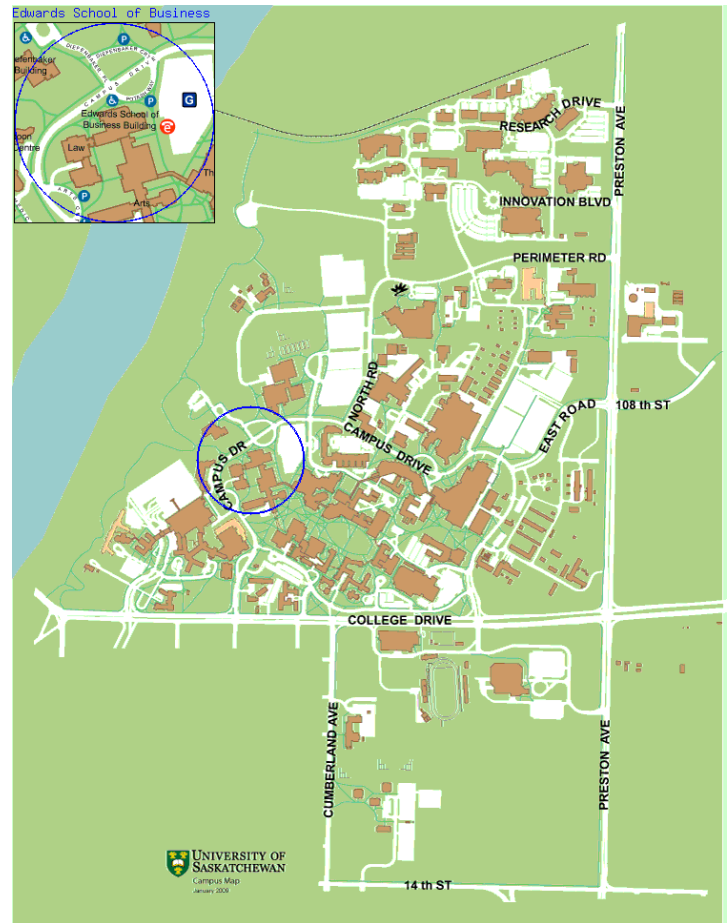


### WORKSHOP LOCATION

The workshop will be held on the University of Saskatchewan (“U of S”) Campus in the Goodspeed lecture theatre, **Room 18 in the Edwards School of Business (“Commerce”) Building** at 25 Campus Dr. The workshop location is indicated in the blue circle to the right. The multimedia-equipped lecture theatre is located just inside & to the left of the lobby entry. *U of S campus maps will be available upon request from conference volunteers (identifiable by their sporting green lanyards around their necks).*



The room location offers convenient access to a quiet and **comfortable area for phone conversations** (in Atrium just around the corner; **landlines available**), **WiFi, computers for internet access** (*a volunteer will be stationed nearby during Health Breaks to log you in*), drinking fountains and **washrooms** (down the corridor just opposite the lecture theatre).



## ACCOMMODATIONS

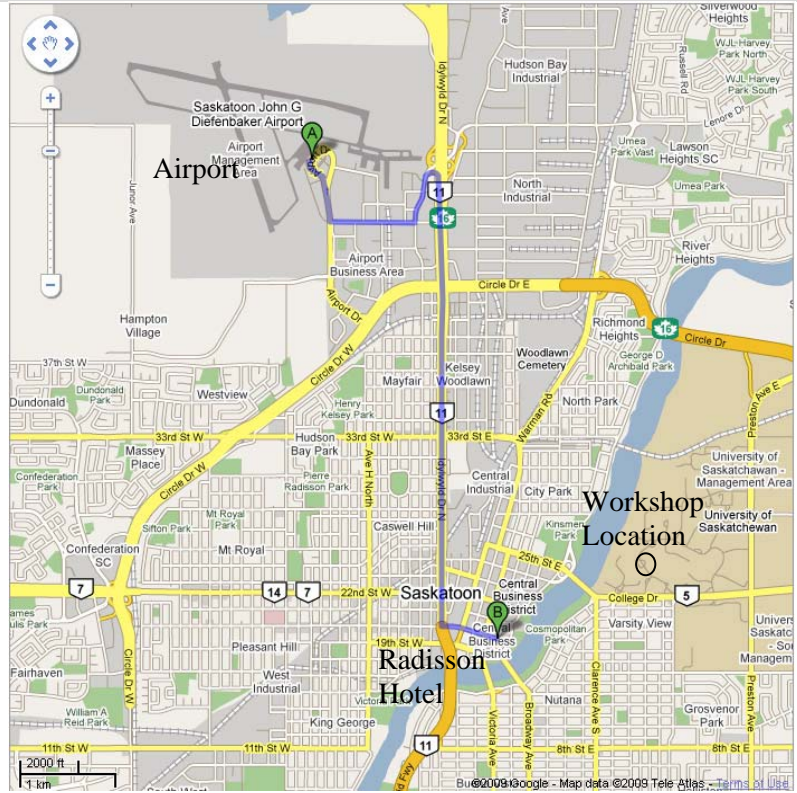
Most out-of-town participants will stay at the Radisson Hotel in downtown Saskatoon, steps from the South Saskatchewan River and the verdant and extensive riverside **Meewasin Valley Trail**, well designed for walking&running, especially following Saskatoon's **exceptionally early summer sunrises** and during the **long summer evenings**. *Workshop volunteers can provide city & Meewasin Valley Trail maps.*

The hotel is close to a variety of attractions including **River Landing** (park, centre & eatery), **Farmers Market**, **Mendel Art Gallery**, **Delta Bessborough Hotel**.

The Radisson also places participants close to a number of **events** that will take place during or shortly after the workshop:

- **Dragon Boat Festival** (July 24<sup>th</sup> & 25<sup>th</sup>). Includes food, entertainment and opportunities to watching colorful boat races. Rotary Park, 9am-10pm. 227-7622.
- **Shakespeare on the Saskatchewan** (Throughout workshop; currently offering performances of "A Midsummer Night's Dream" and "Anthony and Cleopatra"). Located in tents just behind Mendel Art Gallery (Spadina Cr; 384-7727).
- **Saskatoon Farmer's Market** (July 22<sup>nd</sup> & 25<sup>th</sup>) Local specialties. 19<sup>th</sup> Street and Avenue B. Access via **River Landing** pedestrian bridge. July 25 features a **special Saskatoon Chef's Association sampling of Market products**. 384-6262.
- **Smoke on the Water BBQ Competition**. (July 25<sup>th</sup> 5pm-11pm & July 26 9:30am-6pm. [info@saskbbq.ca](mailto:info@saskbbq.ca))
- **Medieval Feast** July 26 at 5:30pm. At **Elizabethan Village** of Shakespeare on the Saskatchewan, behind Mendel Gallery.

*Additional events are listed in the Tourism Saskatoon booklet in workshop materials & at <http://planetsmag.com> or <http://www.tourismsaskatoon.com>*



### Hotel Address & Contact Information:

405 20<sup>th</sup> Street East  
Saskatoon, SK. S7K-6X6  
Phone: (306) 665- 3322 Fax: (306) 665-5531  
<http://www.radisson.com/hotels/sksaskat>

### Hotel Amenities:

High-Speed Internet  
Pool  
Fitness Center  
Suites  
Pets Allowed

### Directions to the Hotel from the Airport (see map above):

1. Head southwest on Airport Dr
2. Turn left at 45th St W
3. Turn left at Ave C North
4. Take the ramp onto Idylwyld Dr N E/SK-11  
Turn left at 20th St E

*The hotel is located within walking distance of the workshop. During appropriate walking weather, a workshop volunteer (identified by green nametag stickers) will be available to walk fitness-oriented participants back from the workshop to the hotel.*

## LOCAL TRANSPORTATION

### Travel between Hotel & Workshop

*The workshop will provide shuttle buses to take participants between the Radisson Hotel and the workshop location at the U of S campus (Edwards School of Business Building, 25 Campus Drive, U of S).*

These buses are white, with a “Connoisseur Tours” emblem on the side. Departure times are as follows:

#### Wednesday July 22

Afternoon: Radisson Hotel → Workshop:  
3:30 pm  
3:45 pm

Evening: Workshop → Radisson Hotel:  
7:10 pm  
7:25 pm

#### Thursday July 23

Morning: Radisson Hotel → Workshop:  
7:30 am  
7:45 am  
Evening: Workshop → Radisson Hotel:  
6:10 pm  
6:25 pm

#### Friday July 24

Morning: Radisson Hotel → Workshop:  
7:30 am  
7:45 am  
Evening: Workshop → Radisson Hotel:  
3:40 pm  
3:55 pm

*During appropriate walking weather, a workshop volunteer (identified by green nametag stickers) will be available to walk fitness-oriented participants back from the workshop to the hotel.*

### Other Local Transportation Needs

#### Taxis

Fares from airport to downtown is approximately \$15 to \$20 CAN.

1. United Blueline Cabs Ltd. licensed to operate taxicab services from designated pick-up and drop-off locations along the terminal curbside: (306) 652-2222.
2. Blueline Taxi: (306) 653-3333
3. Saskatoon Radio Cabs Ltd.: (306) 242-1221

*Volunteers will be happy to assist you by calling taxis from the workshop. If you would like a taxi arranged from the workshop to the airport, just let a volunteer know the time at which you would like it to arrive, and they will take care of the arrangements.*

#### Car Rentals

Airport rental vehicles are conveniently located in the parking lot just across from the terminal building.

Avis Car Rental: (306) 652-3434  
Budget-Rent-A-Car of Saskatoon Ltd.: (306) 664-0670  
Enterprise Rent A Car (306) 664-4454  
National Car Rental (Canada) Inc.: (306) 664-8771 Ext 5  
Thrifty Car Rental: (306) 244-8000

#### Bus Routes

The Saskatoon Transit #11 Airport-Exhibition bus goes right to the Airport. Check the City of Saskatoon website at [www.city.saskatoon.sk.ca/org/transit/routes\\_services.asp](http://www.city.saskatoon.sk.ca/org/transit/routes_services.asp) for routes and times.

*The University of Saskatchewan campus includes one of the city’s two major bus hubs; if you would like to catch a bus to/from campus, just let a volunteer know, and someone will escort you to/from the bus hub at Place Riel.*

## CAMPUS INTERNET ACCESS & INFORMATION TECHNOLOGY NEEDS

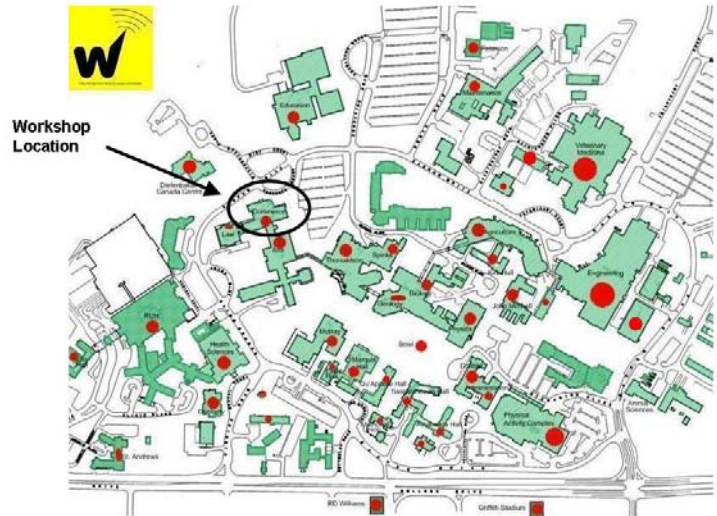
The U of S wireless network has guest wireless network services for workshop attendees. To access the guest wireless network, visitors will need to create a connection to the guest wireless network, identified by the “**guest**” SSID. (**NB:** be sure to use the guest network, rather than others available). Procedure:

1. Log in using the following guest credentials:  
User: *visitor*  
Password: *visitor*
2. If you are going to use the wireless network to access secure resources, establish a VPN or enable other security measures as appropriate.

**Skilled workshop IT volunteers (identified by red nametag stickers) are available to help you resolve connectivity problems.** U of S IT support is also available at (306) 966-4806.

A small cluster of computers is located just to the left of the workshop as one emerges from the doors. While a valid U of S login is required, **during Health Breaks volunteers will be stationed at these computers to log you in.**

**IT volunteers will assist speakers in connecting their computers or transferring files for display from the theatre computer, and enable podcast (MP3) recording of talks. If prefer to opt out of the MP3 recording, just let the volunteer know prior to or following your talk. Throughout the workshop, volunteers will be available to update your USB drive or computer with updated presentations, presentation podcasts (MP3s) and workshop materials.**



## ATHLETIC FACILITIES

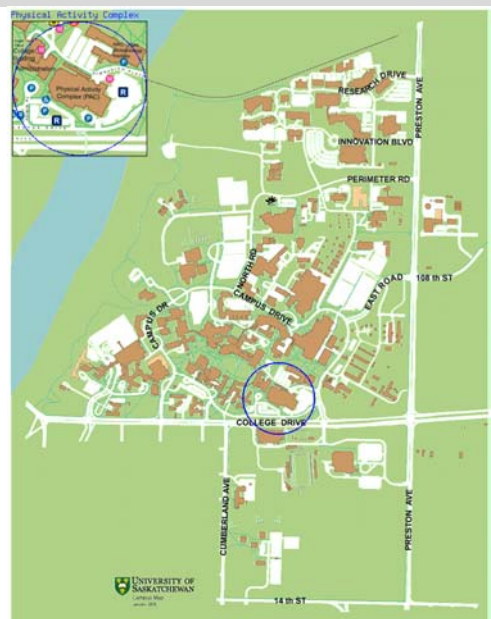
In addition to hotel facilities, workshop participants are welcome to use the facilities at the U of S Physical Activity Complex (PAC), located at 87 Campus Drive (just a short distance from the Faculty Club). This building features an Olympic-sized swimming pool, an indoor track, climbing wall and a large collection of modern exercise bikes, treadmills and weight machines. The daily user fee of \$8.00 is paid directly to the fitness centre desk (located just down the front stairs, through the doors on the right as you approach the building). Summer hours of operation are;

- Monday to Friday 6:30 am – 10:30 pm.
- Saturday and Sunday 8 am – 9 pm.

**If you'd like to be guided to the Physical Activity Complex, just ask a conference volunteer and a volunteer will escort you to the PAC registration desk during lunch or at the end of the day.**

For further information call Fit Centre Desk at (306) 966-1054 or Customer Service Desk at (306) 966-1052 or 966-1053. For a complete schedule of activities visit

<http://kinesiology.usask.ca/community-programs/fit-centre>



## MEALS

Complimentary morning and afternoon beverages and snacks will be available to participants each day of the workshop. On July 23<sup>rd</sup> and 24<sup>th</sup>, buffet-style workshop lunches will be held at the University of Saskatchewan Faculty Club, located on campus at 101 Administration Place. Volunteers will be guiding workshop participants to and from the Faculty Club; but a map is provided to the right to allow participants to make their own way between the two locations if required.

***Volunteers (identified by blue nametag stickers) will depart Faculty Club lunches 10 minutes early to take interested conference participants to see scenic & historic buildings on the campus on the way back from lunch.***

Workshop participant may decide their own dining arrangements. However, to facilitate mixing & discussions outside the workshop we have arranged dining reservations at various local restaurants. Attendance is optional and we will be determining the number of interested participants prior to morning break each day to arrange reservations. Tentative locations are as follows, but may change based on expressed interest and restaurant capacity limitations.

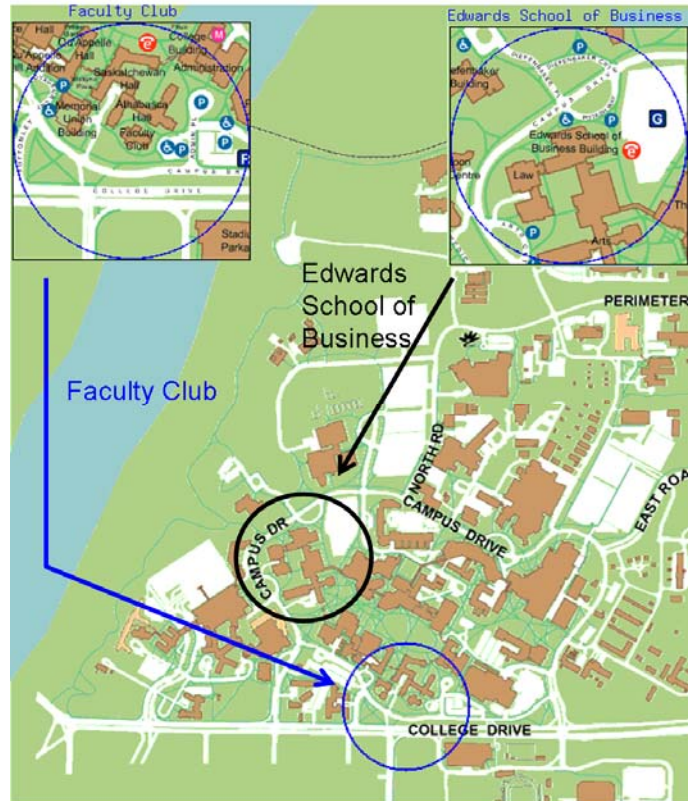
- July 22 2<sup>nd</sup> Avenue Grill
- July 23 Calories Restaurant
- July 24 Truffles Bistro

***For directions to these and other restaurants, see the maps located at the end of the binder.***

The U of S campus offers a number of food outlets within easy walking distance of the workshop, including coffee shops (Tim Hortons & Starbucks), cafeterias and restaurants.

***If you would like to find other food options, have dietary concerns or food allergies or wish to find out about additional food options, just speak to a workshop volunteer and they can direct you to other food locations or will seek to directly answer or research questions.***

***If you have any airborne food allergies (e.g. to peanuts), just alert volunteers and we will strive to ensure that appropriate precautions are taken.***



## CAMPUS PARKING

Meters and pay parking lots are available on campus.

Meters accept all coins including the Canadian “toonie”. (Some meters accept United States coins as well, but please note that they ignore the exchange rate, and you will thus get less value for your US dollar).

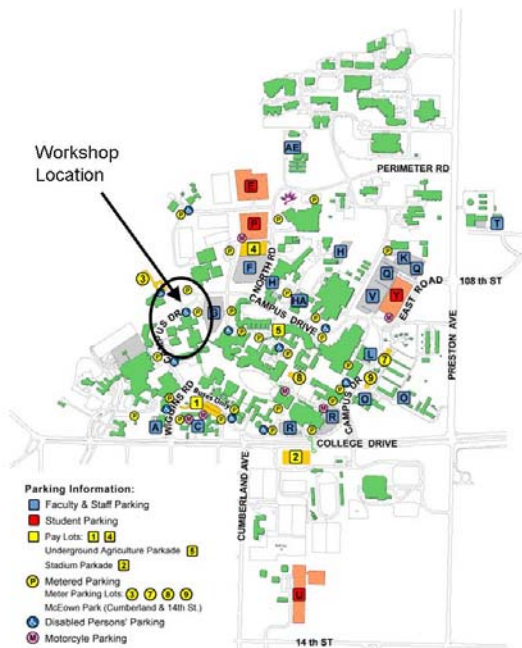
You can also use your cell phone to pay for meter parking by calling (306) 955-9969 and entering the four-digit meter number located on the meter sticker. Meters are in effect during the summer from 0730 to 2200 h. The cost and time limits vary depending on the meter location.

Please check posted signage.

Numerous pay lots are available on campus. The closest lot to the Commerce Building where the workshop will be held is Lot 5 located beneath the Agriculture Building – Science Place Access

- Pay on exit, fully automated, unstaffed lot.
- In operation 24 hours per day, 7 days per week.
- \$1.00 per half hour (or portion thereof).
- \$10.00 (per exit) daily maximum.
- Accepts "prepaid cards" and cash denominations of \$20 or less
- \$3.00 (per exit) daily maximum

Parking Services: (306) 966-4502



## SPONSORS

